

# Valley Gastroenterology

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## Esophagogastroduodenoscopy (EGD) BRAVO

You have been scheduled with <<CONSULTINGMD>> for <<ScheduledProceduretype>> on <<NEXTAPPTDATE>> check in <<checkintime>>.

- 7 days before the procedure **Stop** all PPI's: Omeprazole (Prilosec), Lansoprazole (Prevacid), Rabeprazole (Aciphex), Pantoprazole (Protonix), Esomeprazole (Nexium), Dexilant.

### BUT YOU MAY TAKE THE FOLLOWING

You may take up to 2 days before procedure H2 Blockers: Ranitidine (Zantac), Cimetidine (Tagamet), Famotidine (Pepcid), Nizatidine (Axid), and promotility drug, Metoclopramide (Reglan)

You may take up to 6 hours before procedure antacids (such as Alka-Seltzer, Gaviscon, Maalox, Milk of Magnesia, Mylanta, Phillips, Riopan, Tums, or any other brands)

- 3 days before the procedure **Stop** Blood thinners such as: Pradaxa, Xarelto, Eliquis, Savaysa, Lixiana.
- 7 days before **Stop** Blood Thinners such: Prasugrel (Effient), Cilostazol (Pletal), Plavix (clopidogrel), Tecagrelor (Brilinta), Aggrenox, Ticlid, Coumadin (Warfarin).
- **Stop** NSAIDs. For complete list please visit our website <http://valley-gi.com> Patient Education. (You may take Tylenol)
- The day of your procedure no liquids or solids (6 hours prior)

- Take your regularly scheduled heart, blood pressure or seizure medications the day of the procedure with a small sip of water.
- The day of your procedure **Do not** take your diabetic medication.

**Arrange a ride.** You will be sedated for your exam and must have a driver to take you home or the exam will be cancelled. **Taxi or public transportation is not acceptable.**

On your procedure day, you will not be able to work, sign important papers, drive, operate equipment, drink alcohol or take sedatives for the remainder of that day.