

Valley Gastroenterology

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Esophagogastroduodenoscopy (EGD)

You have been scheduled with _____ for _____
on _____ check in time _____.

Please read through the entire preparation packet so that you are well prepared for your appointment and are familiar with our office policies.




This packet includes:

- Preparation Instructions
- Fiber free breakfast and Clear liquid handout
- Cancellation policy
- Description of the procedure
- Sample of a consent form
- HIPPA form
- Patient Rights

Please remember to fill out and mail in the Patient Forms listed below.

- Patient Information
 - Past Health History Questionnaire
- *You may choose to log in to our Patient Portal to fill out forms.**

Please do not hesitate to contact our office at (509) 922-2055 with any questions that may arise.

5 Days Prior	3 Days Prior	2 Days Prior	1 Day Prior	Procedure Day
<p>Carefully review the upcoming prep instructions.</p> <p>If you have difficulty swallowing or with food not moving through swallowing tube, stop the following</p>  <p>Stop Iron supplements, Fish oil, Garlic tabs, Vitamin E, Ginko, Turmeric, OILs.</p> <p>Stop Blood Thinners such: Prasugrel (Effient), Cilostazol (Pletal), Plavix (clopidogrel), Tecagrelor (Brilinta), Aggrenox, Ticlid.</p> <p>Stop NSAIDs (ibuprofen, Naproxen, Motrin, Aleve, Advil,) and Aspirin. You may take Tylenol.</p>	<p>If you have difficulty swallowing or with food not moving through swallowing tube, stop the following</p>  <p>Stop Blood thinners such as: Coumadin (Warfarin).</p> <p>Arrange a ride. You will be sedated for your exam and must have a driver to take you home or the exam will be cancelled. Taxi or public transportation is not acceptable.</p> <p>On your procedure day, you will not be able to work, sign important papers, drive, operate equipment, drink alcohol or take sedatives for the remainder of that day.</p>	<p>If you have difficulty swallowing or with food not moving through swallowing tube, stop the following</p>  <p>Stop Blood thinners such as: Pradaxa, Xarelto, Eliquis, Savaysa, Lixiana</p> <p>Drink eight glasses of clear liquids throughout the day to stay hydrated.</p> <hr/> <p>Appointments that are not cancelled or rescheduled 2 business days in advance will be subject to an administrative fee of \$100.00.</p>	<p>NO SOLID FOODS AFTER 8 PM</p> <p>Only a small amount of clear liquids up to 3 hours prior procedure</p>	<p>Take your regularly scheduled heart, blood pressure or seizure medications.</p> <p>Do not take your diabetic medication.</p> <p>If you use Asthma Inhalers, please bring them with you.</p> <p>Nothing by mouth 3 hours prior to your procedure time.</p> <p>Your DRIVER will need to sign you out of the facility and must be available in our waiting area during procedure.</p> <p>You may want to bring a book or a tablet while you are waiting for the procedure to start.</p>